

New Resident Club of Cape Coral June 2020



Artwork By: Ksenia Samorukova

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Officers



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nrcpres@gmail.com
816-797-5640



1st Vice President Mary Vuncannon 336-403-5506



2nd Vice President Pamela Ask 405-323-5088



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<u>Treasurer</u> Connie Abela 310-339-2315

Directors



Hospitality Sherri Vivone 913-530-9167



<u>Publicity</u> Kevin Sura 410-598-9033



Photo Historian
OPEN
xxxx@xxxx.com
xxx-xxx-xxxx



AM Refreshments Donna Schmidt 443-690-2104



PM Refreshments Pam Schumacher 515-975-5184



Raffles
OPEN
xxxx@xxxx.com
xxx-xxx-xxxx



<u>Dance Reservations</u>
Toni Catanzaro
dance@capecoralnewresident.com



Ladies Luncheon
Pat Bachand
ladiesluncheon@capecoralnewresident.com
815-735-5813



Activities
Tom Rich
activities@capecoralnewresident.com
765-652-0058



Newsletter
Andrea Wessel
newsletter@capecoralnewresident.com

Advisors



Immediate Past President
Letitia Schnobrich



<u>Prior Board Representative</u> Don Vuncannon



<u>Parlimentarian</u> Mike Jones

June 2020

As we transition from Spring to Summer, our club remains at a standstill. As of this writing and even with Phase 2 guidelines implemented, the Yacht Club continues its shutdown in June and restricting all rental. We will not have our General Business Meeting & Social Dance in June. At our last Board Meeting, we discussed moving the events to a different venue but even with the new "50 person maximum" mandate, we decided to wait another month. We also discussed having our General Business Meeting on the internet, but again decided to hold off. We continue to hold our monthly Board meetings via Zoom when we discuss how and when we can get our club back to some normalcy.

As our society opens up a little, some of our outside activities (pickleball, cornhole & bocce ball) have started. We talked about restarting Cocktails on the Cape and Sunset Celebration. We elected to hold off for now but will review frequently along with the Ladies Luncheon.

My last email indicated that we did have a new volunteer for the Board and as Dance Reservationist Director. She was confirmed at the last Board Meeting and we welcome Antonia (Toni) Catanzaro. Thank you Toni for your commitment of your time and talents.

Talking about Board positions.... We are still looking for a couple more additions to complete our Board. They would direct our Raffles position and as our Photo Historian. Both positions would only be for an abbreviated term - thru October 2020. Leadership is always challenging but I promise you it will be ever so rewarding. Please give it strong consideration! For our Club to operate efficiently, we must operate on all cylinders.

I know we all are experiencing Covid fatigue, at least I certainly am, but try to enjoy Summer, be safe and until we can meet again as a total group, reconnect with your individual NRC Groups.

And always, should you have any questions, don't hesitate to contact me or any of our Board Members.

nrcpres@gmail.com or 816-797-5640

Steve Ketteler

President Board 106

Elite Supporters

Theses local businesses have been most generous in their contributions to the New Resident Club. Please patronize them and let them know we appreciate their support. To ensure their continued support, please redeem gift certificates or coupons promptly.

Anthony's on the Boulevard

1303 Del Prado Blvd 239-257-2446

Ariani Ristorante Italian

1529 SE 15th Terr 239-772-8000

BackStreets Sports Bar & Pizzeria

915 SE 47th Terr. 239-945-7555

BB's Unique Cupcake

Boutique and Custom Cakes

239-400-0099

Bowland

42 Mid Cape Terrace 239-772-1661

Cape Cleaners

810 Cape Coral Pkwy E. 239-549-1740

Cape Coral Edible Arrangements

2301 Del Prado Blvd. Unit 690 239-574-3784

Creative Computer Solutions

4709 Coronado Pkwy 239-541-5441

Downtowner Car Wash

1009 Del Prado Blvd S.

239-772-2277

Dixie Roadhouse

1023 SE 47th Terrace 239-541-7900

Edison & Ford Winter Estates

2350 McGregor Blvd, Fort Myers 239-334-7419

Fins Seafood & Dive Bar

3422 Del Prado Blvd

239-984-5449

Freedom Boat Club

5828 Cape Harbour Drive 941-800-1144

George's Complete Auto Repair

4804 Coronado Pkwy 239-552-1588

GP Plumbing & Air Conditioning

jeremya@gppcorp.com 239-945-0126

Gulf Coast Symphony

6314 Corporate Ct. #100. Fort Myers https://gulfcoastsymphony.org/

Hair Look Salon by Monica

4720 SE 15th Ave (So. Cape Plaza) 239-541-9951

Hooked Island Grill

4200 Pine Island Road NW Matlacha 239-540-3463

Hurricanes Grill and Wings

756 SW Pine Island Rd 239-800-3141

Jasmine Marshall Hair Stylist

231 Del Prado Blvd 239-745-2983

Madd Hatter

730 SW 4th Street 239-242-0410

Maria's Italian Restaurant

1224 SE 46th Lane (239)945-6006

Mel's Diner

1331 NE Pine Island Rd (239) 242-0218

Metro Diner

1625 Cape Coral Pkwy East

239-288-0057

Point 57

3522 Del Prado Blvd S. 239-471-7785

Orangetheory

2311 Santa Barbara Blvd. 239-218-4644

Palmetto Pine Country Club

1940 SW Cape Coral Ct.

239-574-2141

Quality Marine Repair

info@qualitymarinerepair.com

239-214-2803

Red Headed Witches

1910 Del Prado Blvd S.

239-573-6566

RumRunners

5848 Cape Harbor Dr 239-542-0200

Rustv's Raw Bar & Grill

4631 SE 10th PI 239-360-8154

Simply Screen & Handyman Services

John & Kimmie Stern 239-841-9508

Sunshine Jewelers

1924 Del Prado Blvd S. 239-424-8176

Tammy Pangburn, LMT

Medical Massage Therapist 239-634-4494

The Color Room

3013 Del Prado Blvd. S. 239-205-6835

The Dek

4704 SF 15th Avenue 239-542-3745

The Twisted Lobster

1341 Del Prado Blvd #1 239-800-2879

Zulika Torres Nails

4720 SE 15th Ave. Unit C-101 239-297-1718

Supporters

4 Paws Pet Sitters

612-508-2628

10 Twenty-Five

1025 Santa Barbara Blvd. 239-829-0407

Anne's Restaurant

814 SE 47th St. 239-945-3133

Asia Buffet

1706 Del Prado Blvd. 239-573-6555

BAM German Bakery

1507 SE 47th St. 239-549-5984

Big Blue Brewery

4721 SE 10TH PI. 239-471-2777

Blue Dog Bar & Grill

4597 Pine Island Rd. 239-558-4970

Cape Coral Historical Society

544 Cultural Park Blvd 239-214-2803

Charlie Viera

Author of My Fathers War

Duffy's Sports Bar

627 Cape Coral Pkwy. 239-205-6771

Duval's

4742 Vincennes Blvd.

239-542-0185

Family Hardware

622 SE 47th Ter. 239-542-6365

Farmers Market - Cape Coral

SE 47th Terrace & SE 10th PI Saturdays 8am-1pm

Ginger Bistro

2366 Surfside Blvd 239-558-8865

Hair 2 Dye 4

130 Del Prado Blvd S, # 5 239-673-8214

Hair by Ronda

861 SE 47th Terrace 239-994-3183

Hands on Painting

1625 SE 47th Ter. 239-233-5662

IceSssscreamin'

520 Cape Coral Pkwy E 239-541-9100

LA Nails

2708 Santa Barbara Blvd 239-541-8609

239-341-0009

Lenny's Grill & Subs 2301 Del Prado Blvd 239-574-3360

Lobster Lady

1715 Cape Coral Pkwy

239-471-0136

Oyster Bar & Grill

5785 Cape Harbor Dr. 239-599-2947

Overtime Pizzeria & Sports Bar

1708 Cape Coral Pkwy 239-541-3367

Pam Maciejewski, LMT

4706 SE 9th PI 239-549-4094

Pet People

2311 Santa Barbara Blvd. 239-471-0724

Shoot Center

1122 S. Del Prado Blvd.

239-500-0556

Slate's

4820 Candid St. 239-540-6800

Su Casa Furniture Boutique

4635 Coronado Pkwy

239-945-0606

Wild About Popcorn

1311 Del Prado Blvd. 239-829-0527

NRC FAQ

What are some of the more common events that the New Resident Club hosts? Some of the main events are the monthly Cocktails on the Cape, held at various locations within town, the New Resident Club Dance held the 4th Saturday of the month & activities like bocce, pickleball, golf, etc. Members are encouraged to organize events they are interested in.

What time are the majority of the events held? To insure consistency, the monthly Member meeting is held on the first Tuesday of the month at 9:15 a.m. in the Yacht Club building. There are the monthly Men's breakfast (held in the morning) and the Ladies Luncheon (held during the noon lunch time), but the majority of events start between 5:00 and 6:00 p.m. in the evening and are held on various nights during the week or weekend.

Happy Fathers Day Word Search

K	L	Q	G	D	S	Z	٧	В	Т	Р	F	L	L	Р
I	Q	С	Ν	F	V	Т	Z	С	Ε	W	G	С	Α	Z
N	J	L	1	K	Q	Т	R	V	N	Ν	G	R	N	Р
D	Z	Т	Н	G	V	J	Α	Ο	I	D	Ε	S	Ο	R
L	K	В	S	N	K	R	U	L	N	Н	Υ	U	1	F
L	D	D	1	K	В	С	L	Ν	С	G	Ε	М	Т	Α
М	G	Α	F	С	I	1	Р	Α	Ε	Ν	U	М	Α	M
W	Н	J	D	N	R	X	Ε	V	0	L	С	Е	V	T
R	Н	Q	С	G	W	Т	R	Т	G	F	Ε	R	1	L
S	D	1	С	Н	I	L	D	R	Ε	Ν	В	V	Т	Υ
Т	Р	L	D	В	Z	R	R	Т	Н	X	R	G	0	Q
R	Н	Е	L	Р	F	U	L	Q	R	Ν	Α	W	M	Q
0	Υ	В	M	Т	Ν	Ε	R	Α	Р	Q	В	L	L	G
Р	F	В	J	Р	R	0	Т	Ε	С	Т	R	С	N	X
S	N	F	R	Ε	Н	Т	Α	F	D	С	٧	С	R	٧

BARBECUE	FATHER	KIND	PROTECT
BRAVE	FISHING	LOVE	SPORTS
CHILDREN	GRILLING	MOTIVATIONAL	STRONG
DAD	HELPFUL	PARENT	SUMMER
FAMILY	JUNE	PICNIC	TEACHER

Remember you can always get updates and share good news with other members on our Facebook page at https://www.facebook.com/groups/146194215936269/ If you are not a member of this private group, join today!

New Resident Club Blood Drive

NEW!! No need to reserve a donation time! Wed. June 17th 7:30am-1:30pm



Cape Coral Yacht Club

5815 Driftwood Pkwy. Cape Coral, FL 33904

The Green Bloodmobile will be next to the Racquetball Court

Please Help Us Make Our Goal of 20+ Units!

Questions about Donating Blood? Contact Lee Health at (239) 343-2333

Your Donation Serves Our Community

Blood Donations with Lee Memorial Blood Center remain in our four acute care hospitals--Cape Coral Hospital, Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital, which houses the only Trauma Center within a five--county radius. Blood also benefits patients at our specialty hospitals--The Children's Hospital of Southwest Florida and The Rehabilitation Hospital--and patients receiving treatment at the Regional Cancer Center.

The Facts of Donating Blood

Here are just some of the reasons why donating blood is a great idea.

Giving Blood is Safe.

Donating blood is a safe process. Needles and bags used to collect blood are used only once and discarded, which makes spread of infection to the donor not possible.

Giving Blood is Easy.

Following registration, you will answer simple medical history questions and receive a mini-physical. You will then be seated in a comfortable chair, while you donate.

Giving Blood is Fast.

The entire life-saving process takes approximately 45 minutes. The actual donation time is only 5-10 minutes.

Giving Blood Saves Lives.

Whole blood donations are processed into a variety of blood components. Each donation can save the life of a person - with leukemia, cancer, anemia and those undergoing surgery for illness or injury. Your donation will help ensure an adequate supply for both children and adults who are patients within Lee Health.

Giving Blood Helps Your Community.

All blood donated stays to help the patients within Lee Health.



They say it pays to be prepared.

That's especially true when a hurricane starts churning our way. The Atlantic season lasts from June 1 to November 30, so use this handy guide to stock up and get ready now— just in case. Build your emergency kit. Include the following items in your emergency kit. Pack one and have it ready in case you need to evacuate.

- ★ First aid kit and essential medications (14-day supply)
- ★ At least 1 gallon of water per person, per day (3-day supply for evacuation).
- ★ Additional water for pets
- ★ Protective clothing, rainwear
- ★ Bedding or sleeping bags
- ★ Battery-powered radio, flashlights, extra batteries
- ★ Special items for infants, elderly, or disabled.
- ★ Cash (ATMs may not work)
- ★ Road atlas or paper maps
- ★ Cell phones with chargers
- ★ Family/emergency contact information
- ★ Copies of personal documents Review your insurance policy and keep a copy in a watertight container. Take it with you if you evacuate.

Gather emergency supplies.

Keep these items on-hand throughout hurricane season:

- ★ Two-week supply of medicines and prescriptions
- ★ First aid supplies
- ★ Extra clothing, eyeglasses, etc.
- **★** Toiletries
- ★ Manual can opener
- Ice chest and ice
- ★ Pillows, blankets, sleeping bags
- ★ Quiet games, books, playing cards
- ★ Portable radio, flashlights, and clock with extra batteries
- ★ Disposable diapers
- ★ Tools, nails, duct tape
- ★ Fire extinguisher
- ★ Disposable plates, glasses, and utensils
- ★ Disposable washcloths and paper towels Bleach (without lemon or any additives)
- ★ Trash bags
- ★ Water storage containers
- ★ Fuel can and fuel, canned heat Portable, battery-powered lanterns
- ★ Mosquito repellent

Stock nonperishable foods.

Don't forget to have items like these in case your electricity goes out during a storm.

- ★ Bottled water (1 gallon per person per day and 1 gallon per pet per day)
- ★ Powdered or individually packaged drinks
- ★ Crackers, cereals, cookies, snacks
- ★ Canned meats, fruits, vegetables, soups, puddings
- ★ Special dietary foods
- ★ Peanut butter and jelly
- ★ Powdered or shelf-stable milk
- ★ Dried fruit Instant coffee and tea.
- ★ Sugar, powdered creamer, salt and pepper
- ★ Pet food
- ★ Baby food and formula

Storm terms to know.

Tropical wave A cluster of clouds and/or thunderstorms with little or no circulation or strong wind.

Tropical depression An organized system of clouds and/or thunderstorms with some circulation at surface; highest winds less than 39 mph.

Tropical storm An organized system of strong thunderstorms with stronger circulation than tropical depressions. Highest wind speeds 39–73 mph. These storms can accelerate quickly when they reach tropical storm strength and become hurricanes. Storms are named when they reach tropical storm strength.

Hurricane An organized system of strong thunderstorms with very strong,

pronounced circulation; winds of 74 mph or more.

Tropical storm or hurricane watch Tropical storm or hurricane conditions pose a possible threat to the area within 36 hours.

Tropical storm or hurricane warning Tropical storm or hurricane conditions are expected within 24 hours. *A storm is categorized by its circular wind intensity.

Plan for an evacuation.

Prepare for an evacuation in advance so you're ready. A low-rise hotel, motel, or a friend's or relative's home outside the storm area are a few possible places to go. Here's what to do:

- ★ Make a list of important phone numbers and pack it in your emergency kit.
- ★ Plan your route and an alternate—and have a current paper map of the route on hand. Notify family and friends of your plans.
- ★ If you need special consideration to evacuate (because of age, physical disability, medical needs, etc.), register in advance with your county's civil defense and office of emergency management.
- ★ Discuss emergency plans with your agency representative and your physician if you receive home health care or depend upon electric life-support equipment. Make arrangements with a hospital if necessary.

As the storm approaches.

If a storm is approaching or has already affected your town. Remember, mobile homes and factory-built or prefabricated homes are unsafe in hurricane conditions, no matter how firmly they may be attached to the ground. High-rise apartments and condos must also be evacuated because they are susceptible to conditions that may cause fires during high winds, when it's impossible to get emergency help. Hurricane winds are stronger at higher elevations.

Make accommodations for special needs.

If you'd like to help elderly friends or relatives evacuate, follow these steps:

- ★ Plan when you will secure their property and pick them up when the evacuation order is issued.
- ★ Keep a checklist of their prescription medications in your emergency plans so you will know what they need to bring.

Keep your pets safe.

Look into options for pets now so you can rest assured they'll be safe when a storm comes. Keep these things in mind:

- ★ Most shelters do not accept pets. Identify those that do ahead of time.
- ★ Boarding kennels, veterinarians, friends, relatives, or motels that allow pets are possibilities.
- ★ Your local Humane Society or veterinarian can provide more information about emergency pet care.

Secure your home.

- **★** Buy and store materials—such as plywood and duct tape—necessary to secure your home properly.
- ★ Pre-drill holes and cut plywood so you're ready should a storm occur.
- ★ Keep trees and shrubs trimmed.

NOTE: Once a hurricane watch or warning has been issued, do not attempt to trim trees and/or shrubs. Trash pickup will be suspended, and your trash can become dangerous missiles in the storm's high winds.

If you're told to evacuate.

If an evacuation order comes—often from officials and/or the governor—remain calm, put your emergency plan into action, and ready your family and home. Here's what you need to do:

★ Check your zone number. Evacuation orders will be broadcast using that number.

- ★ Red Cross shelters will be open for people with nowhere else to go. Don't head to a shelter until the Red Cross has announced that it's open.
- ★ Prepare emergency water storage: Sterilize bathtubs, jugs, cooking utensils, and containers. Scrub thoroughly, sponge with bleach, rinse, and let dry; fill with water.
- ★ Leave early to avoid traffic or early flooding.
- ★ Turn off electricity, water, and gas before you leave.
- ★ Unplug major appliances.
- ★ Remember your emergency kit. Pack supplies in your vehicle and leave immediately on your preplanned route.
- ★ Clear your yard of loose objects such as bicycles, lawn furniture, and trash cans. Anchor objects (no matter how heavy or large) that cannot be moved inside. Secure your boat. Lash it to your trailer securely, let the air out of the trailer tires, and attach to something sturdy in the ground. If you keep your boat in a marina, check your contract; some require that you move it when a hurricane watch is issued. You are responsible for your boat.
- ★ Close all windows and doors, and board wherever possible. Taping glass will not prevent breakage.
- ★ Do not drain your pool completely; lower water level 6 to 12 inches and add extra chlorine to prevent contamination. Turn off electricity to equipment and cover pool pump, if exposed.
- ★ Store documents and valuables in waterproof containers and secure in the highest possible spot.
- ★ Turn your refrigerator and freezer to the coldest setting, opening only when absolutely necessary.
- ★ Freeze water in plastic jugs and containers, and use them to fill empty spaces between refrigerator contents to keep food cool.

Source: redcross.org

Welcoming Newcomers for over 50 Years

Welcome to Cape Coral, your own Slice of Paradise!

In 1967 the New Resident Club of Cape Coral was established by Helen Peck as a way to give newcomers the opportunity to exchange ideas and form friendships. The tradition continues today in this, our 52nd year.

The three-year membership fee is \$60 per person and \$120 per couple.

Everyone joining will be members month at the Yacht Club of a group made up of those start-

ing that month. Commonly, the Please join us at the general activities events held by the NRC as a the Cape. whole.

After three years, you will become a non-voting lifetime member of NRC. You are strongly encouraged to continue attending NRC meetings, dances, activities and participating in your group potlucks.

The NRC holds a general meeting at 9:15 a.m. on the first Tuesday of each

groups number two to three doz- meeting for coffee and a light en. Each group holds its own snack and get acquainted with and participates in the most dynamic social group in

We welcome you!

For additional information, visit the NRC website at:

Or join the NRC Facebook page:

"Members Only New Resident Club of Cape Coral, Florida"

Or contact any of the NRC Officers or Directors listed on the inside front cover of this newsletter.

Refer a friend to the NRC. Our members are the best recruiters of great new candidates.

Stay Safe & Healthy! We Will See You Soon!!